

*Welcome...*

*...to Beach Plum Spa at the Dan'l Webster Inn.*

*You are about to enter a special place where your every need will be met, your body invigorated, your mind rested and your spirit restored. In this sanctuary you will find tranquility, peace and a sense of renewal.*

**Beach Plum Spa at the Dan'l Webster Inn** is a full service spa providing an extensive menu of services for men and women. We offer day and overnight packages and are also happy to customize a package to meet your specific needs. Our body products and oils have been carefully chosen using the finest ingredients to achieve the highest level of results. Body products are all natural or 100% certified organic. The skin care lines we have chosen are the most result-oriented in the industry.

Each member of our professional staff is licensed and continually trained in the most advanced spa methods and is committed to pampering our guests.

The Spa is open to the public. You need not be a guest at the Inn to enjoy the Spa. To ensure availability, please make reservations for spa services in advance. Open seven days a week year round. Please call for hours as they may vary by season.

The  
**Dan'l Webster Inn**  
*and Spa*

149 Main Street • Sandwich, Massachusetts 02563  
(508)888-3622 • (800)444-3566

## *Most frequently asked questions...*

### **Do I have to disrobe entirely?**

That is your option but during all treatments you will be draped. Standards of draping are designed to ensure modesty and comfort for both the guest and therapist.

### **May I ask therapist to make adjustments for my comfort?**

Absolutely, this is your treatment; communicate with staff regarding room temperature, pressure and technique.

### **Are therapists licensed?**

All of the therapists hired at our Spa come from highly respected schools, are licensed and have met all state and local requirements. We also continue their education by bringing in experts on a regular basis to train them in the most up to date spa services. You can feel confident that your treatment is being performed by a highly trained therapist.

### **Will I have a male or female therapist?**

We have both male and female massage therapists. If you request one over the other, we will do our best to accommodate your preference.

### **Can I purchase similar spa products at a drug store?**

Of course you may purchase other spa products, but they are not similar to ours. Your skin is the body's largest organ and products are absorbed through it and processed by the liver. To keep the cost down, many products contain artificial fragrances and chemicals. When this happens, the purity of essential oils and pure botanicals is lost and the products are not safe for your system. Our products are all natural.

## **Spa Recommendations & Etiquette**

Robes, slippers and personal amenities are provided along with complimentary fresh fruit, tea, coffee and Beach Plum jelly. In consideration of other guests we ask that all cellular phones and pagers are turned off while in the Spa. To ensure professionalism, only the client receiving service is permitted in treatment room. This is your time to relax and the therapist needs to focus on you. Advance reservations are strongly recommended. Reservation must be secured with either hotel confirmation number or major credit card. Please call 508-888-3622 or 800-444-3566 outside of the hotel or extension 293 from your hotel room.

### **Check-in**

We suggest that you arrive 20 minutes prior to your first appointment in consideration of all Spa guests and therapists. This will allow time to relax and de-stress. Late arrivals will not receive an extension of scheduled treatments and full value will be charged.

### **Facilities**

Use of outdoor pool and Jacuzzi is available to all Spa guests with treatments of \$100 or more. If you would like to use facilities, please arrive a minimum of 30 minutes prior to your appointment time. (Restrictions apply.)

### **Gratuuity Charge**

For your convenience, an 18% gratuity charge will be automatically added to your service. Additional gratuity is at your discretion.

### **Cancellation Policy**

As we reserve a room and therapist just for you, we ask that you adhere to our cancellation policy by providing 24 hours notice or the full value of your treatment will be charged. Time changes must be received at least 4 hours prior to appointment and must be rescheduled within the next 12 hours or full value of services will be charged to your credit card. If you have reserved 4 or more services, a 72 hour cancellation notice is required or full value will be charged. Please remember that if you cancel your hotel room, you must still call the spa to cancel your appointment with us or you will be held responsible.

### **Spa Store**

Continue your spa experience at home. Our boutique features body and skin care products, exquisite gifts and hair products.

### **Gift Cards**

Our gift cards are an ideal year-round gift for any special occasion. Delight and nurture that special someone with any of our personalized body treatments, massages and facial treatments. Gift cards may be ordered by telephone, in person, or on-line at [www.BeachPlumSpa.com](http://www.BeachPlumSpa.com).

# Day Spa Packages

*We have designed packages for a day of pampering that do not include overnight rooms. Spend the day with us and unwind!*

## Spice De-Stress Package

1 hour 50 minutes \$235

- Cranberry-Ginger Sugar Scrub
- Ginger-Honey Skin Bliss Moisturizer Masque
- Cinnamon Ginger Body Lotion Massage

Start with a cranberry-ginger sugar scrub to exfoliate your dry skin. Then a ginger-honey skin bliss moisturizer masque is applied. This extremely emollient treatment will leave your skin hydrated, smooth and silky. Finish with a cinnamon-ginger lotion full body massage. Great for the drying effects of winter or dehydrated skin from the sun.

## Spa Romance Package

*We all need to have our "together" time, let us help you leave your stress and hectic life behind.*

2 hours \$250 per person

- Full Body Brushing
- Herbal Lavender Dead Sea Mud Wrap
- 50 Minute Combination Massages
- Peppermint Scalp Treatments

As a couple, begin your indulgence in the same room with your own therapist. Start with a full body brushing followed by a Dead Sea mud wrap. A scalp treatment will be applied which is great for dry scalp. After your shower you will have a full body combination massage.

## Drape Yourself in Pearls Package

*For the woman with designer taste.*

2 hours \$265

- Our Signature **EPI**SOUND™ Facial
- Sea Pearl Therapy Scrub and Wrap

Start with an **EPI**SOUND™ facial to cleanse, nourish and hydrate your face. Next, you are exfoliated with pearl essence and are wrapped with an iridescent pearl glow. Using real crushed pearls rich in calcium, this sophisticated treatment is firming, nourishing, hydrating and protects from photo sensitivity. Leaves the skin with a beautiful pearly reflection.

## Beach Plum Package

2 hours \$260

Featuring our signature product custom-made exclusively for us with all natural ingredients. Beach Plum fruit is full of Vitamins A, C and E, and is a great source of fatty acids.

- C-Spa Facial
- Beach Plum Salt Scrub
- Beach Plum Black Mud Wrap

Our "C" facial is loaded with Vitamin C and seaweed to refresh tired skin. After your facial, your body treatment begins with exfoliation then you are wrapped in Herbal Dead Sea mud with Beach Plum oil. Refreshing, antioxidant, de-stressing and loaded with vitamins and minerals.

## Cape Cod Spa Bliss Package

*You will look 10 years younger after this treatment.*

2 hours 15 minutes \$330

- Collagen Facial
- Eye and Lip Treatment
- Peppermint Scalp Treatment
- 50 Minute Massage

Start with an intense anti-aging facial, eyes are treated for those fine wrinkles and a peppermint scalp treatment is applied, followed by a 50 minute de-stressing, detoxifying massage. This is the ultimate package for de-stressing.

## Spa Menu

*While you are enjoying your spa day, let us serve you a delicious lunch from our special spa menu. Orders must be placed 24 hours in advance. See complete menu online! All items \$25.00 inclusive.*



# Body Treatment & Massage Packages

## Customized Body Treatment Package - only \$145

50-minute treatment includes your choice of  
1 Scrub + 1 Wrap + 1 Finishing Lotion

### SCRUBS – Choose one:

Scrubs are a wonderful way to rejuvenate and increase overall circulation to skin. Removes outermost layer of dead skin cells resulting in a renewed look and prepares skin for body wrap for optimal performance. Our scrubs are 100% natural.

### How to decide which type is right for you?

#### SALT SCRUBS

*Sea salt is more exfoliating. Salt draws out impurities, detoxifies, soothes muscles.*

- Bergamot-Lime
- Cranberry-Citrus
- Grapefruit-Tangerine
- Lavender-Tangerine-Tea Tree
- Lemongrass Ginger

#### SUGAR SCRUBS

*Offer a milder way of exfoliation, great for sensitive skin.*

- Antioxidant Rich Coffee
- Cappuccino
- Citrus Medley
- Cranberry Rose
- Lavender
- Vanilla Rose

### BODY WRAPS – Choose one:

We have carefully selected different wraps which are extremely beneficial and are of the highest quality available. All our masques, scrubs and lotions are 100% natural.

#### • Seaweeds

Seaweed balances the body, offers a powerhouse of vitamins, minerals and trace elements that nourish the skin, improve circulation to the tissues, speed metabolism, help the immune system and relieve stress. Reduces cellulite. Metabolism is increased due to the presence of iodine.

#### • Muds

Rebalances, detoxifies and eliminates excess fluid, calms rashes and eases aches and pains, extremely grounding. Herbal Lavender Dead Sea Mud contains 21 minerals important to good health. Moor Mud has been used since the days of Cleopatra combining 380 known healing botanicals, plant extracts from hundreds of plants for thousands of years, and trace minerals. It has the ability to heal, nourish and detoxify. Soothing, calming, re-mineralizing.

#### • Honey Masque

Honey masque boasts both antioxidant and antibacterial properties and acts as a natural humectant preserving skin moisture. We offer ginger-honey skin bliss. Extremely hydrating.

### FINISHING LOTIONS – Choose one:

Now that you have exfoliated and have been wrapped, your third step is finishing lotion. Our lotions are light, natural and use high quality essential oils with no added fragrance.

- Balancing - *Lavender*
- Soothing - *Calendula/Rose*
- Refreshing - *Lemon/Grapefruit*
- Stimulating - *Eucalyptus/Cedar wood*
- Invigorating - *Lemon/Peppermint*
- Refreshing - *Body Butter - Vanilla/Citrus*

### Add Massage with Body Treatment\*

50 minutes		80 minutes	
Relaxation	\$240	Relaxation	\$285
Combination	\$245	Combination	\$290

\* Total package price includes scrub, wrap, lotion and massage.

## Ala Carte Treatments

### Body Scrubs with 20 minute massage

50 minutes \$115  
Promotes cell rejuvenation, great year round.

### Full Body Bronzer

\$115  
Indulge yourself with the richest looking tan in the most luxurious way without sun. Your body is prepared with an exfoliation, and then nourished with a body moisturizer. An application of bronzing gel is hand-applied to create a beautiful and even tan. To extend your tan, be sure to purchase our tanning spray!

### Cellulite Treatment

\$140  
A clinical body treatment designed by G.M. Collin based on the innovative lipo-reverse. The skin rediscovers its tone and elasticity by transforming fat into firmness, detoxifies, hydrates and rejuvenates skin. Look great in your bathing suit!

# Facials

*We are committed to helping you achieve the ultimate treatment by using the best quality skin care lines with our highly trained, licensed estheticians.*

## Beach Plum Royal Treatment

90 minutes \$275

A decadent facial that firms, tones and refines, this facial is incomparable. Our EPI SOUND™ machine will penetrate 8 peptides and powerful antioxidants into your skin. Start with AHA peel, skin is cleansed, hydrated and nourished. Treatment includes eyes, lips, décolleté and warm paraffin on hands and feet and two massages. Immediate results leave skin looking hydrated, healthy, luminescent.

## Collagen Facial

75 minutes \$225

An intensive clinical, anti-aging treatment which hydrates, rejuvenates, tightens and reconfigures the skin's surface to reduce the visible signs of aging without surgery! As we age, our collagen breaks down; this facial helps to build new collagen. Includes eye treatment and hand and foot paraffin. Fabulous!

## Our Signature EPI SOUND™ Facial

60 minutes \$140

Our favorite facial. This amazing result-oriented treatment uses an EPI SOUND™ machine. One treatment will impress everyone. A series of 3 will take years off your face. This machine will clean then nourish the skin; the sonic penetrates product to the deepest level to achieve the highest benefit. Buy a series of 3 for \$115 per treatment with advance payment.

## "C" Spa Facial

50 minutes \$135

Turn back time with this powerful antioxidant treatment which layers Vitamin C, seaweed and an organic mud masque. "C" Spa reduces the appearance of fine lines and wrinkles and restores your skin's youthful appearance. We use a high quality stable Vitamin C.

## Lighten and Brighten Facial

60 minutes \$135

This facial will lighten spots damaged from breakout, sun exposure, age or over pigmentation. It will safely and gently lighten hyper-pigmentation. This treatment also uses the EPI SOUND™ machine. Skin will be smooth and luminous.

## Hydrolifting Facial

50 minutes \$120

This clinical skin care treatment is recognized for its moisturizing and immediate visible lifting and firming effects. Formulated to exfoliate, rehydrate, enhance skin tone and reduce the appearance of fine lines and wrinkles for more radiant skin. Perfect for your wedding day or any special event. Suitable for all skin types.

## Soothing Rosacea Facial

50 minutes \$105

This facial is for sensitive skin to help reduce redness and broken capillaries using K-Vitamin, rose water, Azelac gel. You will leave hydrated and soothed.

## Radiance Facial

50 minutes \$99

This cooling Algomasque seaweed provides instant radiance by hydrating, soothing, decongesting and minimizing redness. Great for teenagers or brides.

## Acne Facial

45 minutes \$85

A purifying treatment for acne-prone skin using our medical line skin care designed to reduce inflammation. No massage.

## After your facial

15 minutes \$15

Have our make up artist apply a light sample of mineral make-up including facial bronzer and mascara; available after any facial.

## Make-up for that Special Event

\$40

## Waxing Services

Lip	\$15	Half Leg	\$40
Brow	\$15	Full Leg	\$80
Chin	\$15	Upper Leg/Bikini	\$75
Side Face	\$18 and up	Bikini	\$30 and up
Full Face	\$36	Brazilian	\$75 and up
Underarm	\$20	French	\$60 and up
Half arm	\$22		

## Add-Ons

Enhance your service with one of our superb add-ons. Inquire as to which of these treatments may be combined with facial or massage.

### Eye Treatment \$35

Using lactic and L-Arginine, this is a peel around your eyes that will lighten dark circles, reduce puffiness and diminish fine lines.

### Anti Aging Eye and Lip Treatment \$35

Moisturizes and smooths those lines, as well as puffiness and dark circles around the eyes. Very hydrating to those dry lips.

### Firming Décolleté Treatment

Booked with facial \$45 Booked without facial \$85  
This treatment leaves the neck and chest area revitalized and smooth. This is usually a neglected area of our bodies, and an age identifier.

### Facial Bronzing (for face and neck only)

20 minutes \$40

### Hot Stone added on to your facial \$35

Incorporate our hot stone treatment into any of our facials.

### Peppermint Scalp Treatment

15 minutes \$25

Available only as an add-on to your massage or facial treatment. Stimulates scalp, promoting healthy hair.

### Derm Renewal Clinical Peel

With a Facial \$35 Peel only \$45

A deep exfoliating treatment that combines a high technology patented complex offering the full benefits of AHA's without the discomfort. Glycolic, lactic and amino acids promote skin renewal and moisturization.

### SeSDERMA Facial Peel

With a Facial \$35 Peel only \$45

This is an effective peel that can be used even in the summer. This peel stimulates new cell growth - resurfaces, stimulates and exfoliates.

## Bridal Services

**Make up for Bride** in Spa \$45  
in Room \$55  
Trial day in spa \$40

### Wedding Party

Make up for each Bridesmaid  
in Spa \$40 per attendant  
in Room \$50 per attendant  
Trial day in spa \$40 per attendant

### Mini Facial 25 minutes \$75

This facial omits extraction, will plump, hydrate, and add rosy color to face for that special day.

### Bride-to-be Package 4 hours \$445

- Hydrating Mini Facial
- Pearl Essence Exfoliation
- 14 kt. Gold Wrap
- Hair Styling Appointment – only in-room hair styling services are available for bride and wedding party at Dan'l Webster Inn & Spa and John Carver Inn & Spa
- Make up Application

With all the details of your wedding well underway, take that time you so richly deserve. This package is designed for that special day to add to that bridal sparkle. Start with a hydrating mini facial which plumps, hydrates and makes your skin glow. Your body is then exfoliated with pearl essence and wrapped in 14 kt. gold which hydrates, tones, nourishes and leaves an elegant light sheen on the skin. Then, onto your hair appointment followed by make up application. All that remains is to put on your wedding garb and tie the knot.

*Ask about our Bride and Groom specials.*

*We can arrange for an in-room hair stylist for your wedding day.*

**Spa Parties ~ call for information!**

## Hand Rituals

### Spa Ritual Manicure

30 minutes \$25

Transform your tired hands with this luxurious manicure.

### Cranberry Manicure Ritual

35 minutes \$35

A feast for the senses, a perfect blend of purifying cranberry extracts to gently remove dead skin cells followed by a massage with Cranberry butter cream. Antioxidant, stimulating, hydrating.

### Spa Ritual Manicure & Paraffin

50 minutes \$50

A luxurious manicure. Infused with specially selected plant extracts, followed by a dip in our individual sanitary paraffin mitt. Your hands and cuticles will be hydrated and youthful. Great for arthritis.

### The Busy Persons Manicure & Pedicure

50 minutes \$60

For the person who wants to maximize their time and doesn't want the pampering, we omit the towels and keep the massage to a minimum.

### Hot Stone Manicure Ritual... Our Best!

60 minutes \$65

Sit back and relax while your nails are groomed then dipped into paraffin. Next, you will be massaged with Hot Stones to achieve the ultimate in relaxation. Hydrating and soothing.

### Paraffin Dip for Hands

15 minutes \$20

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<b>Polish Change</b>	\$15	<b>French add</b>	\$10
<b>Acrylic</b>	full set \$55	<b>Gels</b>	full set \$65
<b>Pink &amp; White Gels</b>	start at \$75	<b>Acrylic/Gel Overlay</b>	\$40
<b>Repairs</b>	starting at \$10	<b>Fill</b>	starting at \$30
<b>Nail Decal</b>	\$1		

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*We have chosen the SpaRitual product line - a customized Spa line that has been designed for luxury Spas. SpaRitual is committed to creating natural ecologically favorable products perfectly crafted for the enlightened consumer. This select line uses scents such as Ginger, Frankincense, and Egyptian Geranium and will transfer you into inspirational bliss. Combine this line with our warm towels and fabulous massages and you will leave totally renewed.*

## Foot Rituals

*Beach Plum Spa offers the finest pedicures available. We also adhere to the highest in sanitary standards and practices including the use of pipeless chairs.*

### The Journey Spa Ritual

45 minutes \$50

Relax your mind and spirit; take your feet on the ultimate journey with an aroma therapeutic foot ritual. Includes grooming and polishing.

### Peppermint Pedicure Ritual

50 minutes \$65

Relieve your tired, aching feet. They will be groomed, soaked, exfoliated and massaged all in peppermint oils and lotions. Tension and stress will be melted away.

### The Journey Spa Pedicure with Warm Paraffin

65 minutes \$75

Sit back, relax and enjoy a soaking, exfoliating, proper grooming and massage. Your feet are then dipped into vitamin fortified paraffin wax. Very hydrating, wonderful for arthritis.

### Cranberry Spa Pedicure Ritual

50 minutes \$65

A feast for the senses...a perfect blend using cranberry for its antioxidant properties and natural fruit enzymes. You will be exfoliated, massaged with cranberry shea butter and perfectly groomed.

### Beach Plum Rose Oil Pedicure Ritual

65 minutes \$85

This is our custom and signature line. All Beach Plum products have been custom-blended with all-natural ingredients. This includes foot to knee massage with masque loaded with Vitamins A, C, D and E. Paraffin dip also included.

### Warm Lava & Basalt Stone Pedicure Ritual

80 minutes \$105

Start with exfoliation. Next, a lava masque containing Dead Sea mud and volcanic mineral mud is applied from knees to toes. Upon removal of mud, warm Basalt stones are massaged into feet and calves rubbing out tension. Lemongrass mint moisturizer is applied and feet are dipped in paraffin. Nails are groomed and polished.

### Paraffin Dip

15 minutes - Sanitary paraffin dip

\$20

## Men's Spa

### Health Facial

60 minutes \$120

This treatment is designed especially for men. You start with a stimulating scalp treatment, great for dry scalp, and then you are cleansed, steamed, exfoliated and massaged. A thermo-plastic masque is applied. Invigorating!

### Classic Back Facial Treatment

45 minutes \$115

A thorough cleansing and stimulation for an often neglected area selected especially for your skin's needs. After masque is applied, a coat of paraffin is applied to your back to penetrate and hydrate your skin.

### Bergamot-Lime Body Scrub and Scalp Treatment

50 minutes \$115

You will start with an aromatherapy scalp treatment and from neck to toes, you will be given a salt scrub to remove dead skin. Finish with Eucalyptus/Cedar wood lotion.

### Herbal Dead Sea Mud Wrap

50 minutes \$150

Herbal Dead Sea mud with active marine minerals. This treatment starts with a dry brushing, then you are wrapped. A peppermint scalp treatment follows, and you are finished with Eucalyptus/Cedar wood lotion.

### Gentlemen's De-Stress Package

2½ hours \$300

Includes: Health Facial, Body Scrub, 50 minute Combination Massage and Scalp Treatment

Men's Full Back Waxing \$65 and up

*\*Ask about our men's skin care line. Designed with men's skin in mind.*

*Try our EPI SOUND™ facial, great for men's skin.*

## Kids Corner

### Strawberry Ice Cream Manicure

20 minutes \$25

Start with a soak, next a Strawberry-Kiwi exfoliation, finish with strawberry lotion and choice of nail polish. Leave with a lollipop!

### Chocolate Milkshake Pedicure

35 minutes \$45

Enjoy a steaming cup of hot chocolate while feet are soaked in a Chocolate Milkshake bath, manicured, then exfoliated with a Chocolate Scrub. Topping it off is an application of Chocolate Mousse Lotion and a jeweled toe ring.

### Strawberry Ice Cream Pedicure

35 minutes \$45

Sip fruit juice while receiving a strawberry ice cream fizz ball soak followed by strawberry exfoliation. Topped off with Strawberry-Kiwi lotion. Toes are polished in your favorite shade and enhanced with a sparkling jeweled toe ring.

### Parent & Child Massage

50 minutes \$180

Adult must be 18 or over and accompany the child in the room. Children under 16 must have an adult in the room at all times.

### Parent & Child Back, Neck & Shoulder Massage

30 minutes \$150

Children under 16 must have an adult in the room at all times.

## Teens Corner

### Teen Make up Instruction

20 minutes \$35

If your teen has a special event, our make-up artist will show her how to look just right. Designed to teach the young adult proper make-up application.

### Teen Facial

40 minutes \$85

Specifically designed for teenage skin. Skin will be analyzed then cleansed, toned and extracted. Our staff will educate and discuss home care that will assist in achieving cleaner, healthier skin.

# Overnight Spa Packages

## Beach Plum Romance Package

Time for you and that special someone is time well spent.

- 2 nights accommodations in a suite
- \$60 meal voucher for Fine Dining or the Tavern
- 2 Radiance Facials
- 2 Beach Plum Scrubs
- Fruit and cheese
- Bottle of champagne\*
- Gratuity for spa services included

## Suite Deal Package

Pampering, chocolate and thou!

- 1 night accommodations
- \$50 meal voucher for Fine Dining or the Tavern
- 2 - 50 minute Massages
- Sweet Chocolates
- Gratuity for spa services included  
(2nd night is at regular room rate)

## Girls Getaway Package

Our girls “get together” menu, bring your favorite female companion!

- 2 nights accommodations
- \$50 meal voucher for Fine Dining or the Tavern
- 2 Radiance Facials
- 2 Beach Plum Foot Rituals
- 2 - 50 minute Massages
- Special Gift from us
- Gratuity for spa services included

## All That Glitters Package

For the baby boomer, see why this package is “worth its weight in gold”.

- 2 nights accommodations
- \$50 meal voucher for Fine Dining or the Tavern
- 2 - 14 kt. Gold Therapy body treatments – this treatment harnesses the power of the sun, gold and golden algae to prevent aging, and stimulate metabolism. Strengthens and protects from photo sensitivity.
- 2 Journey Pedicures
- Gratuity for spa services included

\*Non-alcoholic, sparkling wine available upon request

## Countdown to Baby

Reserve some alone time for each other before that “bundle of love” arrives.

- 2 nights accommodations
- \$60 meal allowance for Fine Dining or the Tavern
- 2 Classic Facials
- 2 - 50 minute Massages  
Maternity Massage\*\* for Mother-To-Be  
Combination Massage for partner
- 1 Pedicure for Mom who might not be able to reach her toes!
- Bottle of non-alcoholic sparkling wine
- Sweet Chocolates
- Special baby gift from us
- Gratuity for spa services included

\*\*Pregnancy must be 17 weeks or beyond to receive the Maternity Massage

*Packages are designed for two and cannot be split between extra people.*

*Please contact our hotel reservations for prices and availability.*

